

MyFriends Training

STARTING IN 1ST TERM 2026

Discover God with your friends

We are passionate about giving Australians the opportunity to know Jesus personally. Many Aussies are interested in spiritual things, but have little desire to visit a church. So how can they get to know Jesus?

MyFriends helps everyday Christians develop a lifestyle that creates opportunities for their friends and family to discover God's story together.

We are a community that intentionally loves, prays, cares, and shares Jesus with our non-churched friends, family, and colleagues. We're trusting that Australians will experience Jesus and be ready to discover God's story together, in their own communities.

We're inviting anyone who wants to see their communities experience and know Jesus to participate in this adventure. Let's see every community across Australia know Jesus!

We recommend that you bring at least two friends with you on the MyFriends journey. Learning in a community is far more fruitful than treading the path alone.

We're offering four national MyFriends Learning Communities in Term 1 2026. Each community meets weekly over nine weeks for 1.5 hours via Zoom, beginning on Tuesday 3rd February.

SCHEDULE FOR 1ST TERM 2026

	Name	Tuesday Lunch	Tuesday Evening	Wednesday Evening	Thursday Evening
Local Time	AEDT	1:00pm	8:00pm	8:00pm	8:00pm
	SA	12:30pm	7:30pm	7:30pm	7:30pm
	QLD	12:00pm	7:00pm	7:00pm	7:00pm
	NT	11:30am	6:30pm	6:30pm	6:30pm
	WA	10:00am	5:00pm	5:00pm	5:00pm
First Day	3rd February	3rd February	4th February	5th February	

COST \$20pp **REGISTER AT WWW.MOVEMENTBUILDERS.ORG.AU**



MyFriends
Lifestyle

WHAT TO EXPECT

MyFriends Training is delivered using a hybrid model. Multiple small groups gather face-to-face or online and join their trainer via Zoom.

The training material is in a digital format for easy viewing on any device. Some materials are available to download as printable PDFs.

In addition to the training sessions, participants will have some personal Lifestyle Practice material to complete between sessions. This can be done individually or with your group.

We ask the members of each training group to create a MyFriends WhatsApp or Messenger group to share prayer points, stories, and ask questions.



www.movementbuilders.org.au
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Connecting people to
Jesus and each other